

THE HUB OF ADVENTURE IN WESTERN COLORADO

SPOKE + BLOSSOM



THE STORY BEHIND
THE STORM CELLAR 12

CHILL OUT
SUMMER RECIPES 22

POWERS ART CENTER
IN CARBONDALE 34

INTERNATIONAL
WOMEN'S TRAIL
SUMMIT 48

DARK SKIES AND
BIG DREAMS 68



GET OUTSIDE!

GEAR FOR THE SEASON

Compiled by Kim Fuller

**Stio OPR Short + Divide Tank**

Streamlined, stretchy and designed for technical mountain bike performance, these shorts feature a clean, tailored fit, specialized features and integrated ventilation. The relaxed, athletic Divide Tank is a summertime staple while biking on the trail or chillin' around town. OPR Short \$139; Divide Tank. \$49 stio.com

**Zeal Manitou Sunglasses**

As the first sunglass to combine Zeal Optics Z-Lite thin injection frame and photochromic Auto Sun, Manitou is an adventure partner that will give you the grandest view in any condition without weighing you down. \$219 zealoptics.com

**Tecnica Plasma S Hiking Shoes**

Make "break-in time" for your hiking shoes a thing of the past. Grippy and nimble, the Tecnica Plasma S hiking shoes have heat-moldable uppers and footbeds for a customized fit from day one. \$150 tecnicasports.com

**TrailFork Backpacking Meals**

These are better tasting (and better for you) dehydrated meals, perfect for backcountry trips or quick and delish meals at basecamp. The company uses 100-percent compostable packaging, and focuses on vegetarian and vegan offerings. \$8.50 - \$11.50 mytrailfork.com

**Kate's Real Food Stash Bar**

With only eight simple ingredients, this Peanut Butter Hemp & Flax bar will keep you fueled and satisfied when you're at work or outside playing. The natural sugars and protein provide sustained energy, while the amino acids from the hemp seeds help your body use it. The flax seeds give you an added boost of omega 3 and antioxidants. \$2.99 katesrealfood.com